



Practice being a strong family at the
STRENGTHENING FAMILIES PROGRAM

Attention, families with 10-14 year-olds!

Strengthen relationships and build communication during pre-teen years. Join us for this FREE 7-week program. Separate sessions will be offered for parents and pre-teens/teens (ages 10-14) as well as combined family sessions. Free family dinner and childcare for siblings (ages 1-9) are provided.

WHEN: Every Thursday, February 15 - March 29
5:30 - 8:00pm

WHERE: Central Assembly Church*
896 Home Street, Muskegon, MI
**Note: this is not a faith-based class*

TO REGISTER: Contact Howard Matthews at (616) 396-2301 ext. 145
or by email at hmatthews@arborcircle.org

